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It builds new blood and tones up your nervous system.

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Play as a Factor in Health.

The Circle:

The philosopher Herbert Spencer used to lament, in his later years, that he had not adopted a regular system of recreation. He often said that what he had needed was play, "unless from every point of view excepting that of recreating the system."

This sort of human philosophy, says The Independent, is gaining ground every year.

No one, at any age, can live healthily, and be a wholesome human being without play. City life particular demands provision for relaxation for those who are in mature life. In this way only can the burdens of life be kept from wearing one out prematurely. Further, there is no doubt that the public can so provide for relaxation and recreation that the whole community shall feel the benefit of it from a sanitary standpoint, and in the reduction of crime. Public playing is a feature of the life of many Norwegian and Swiss communities. It works admirably in the way of keeping health and a good social atmosphere.

Precisely as with the young, so with the old—play as a hygienic value. It relieves the brain and the heart, the organ most likely to be broken down through hard work and worry. Play seems to have an admirable effect in equalizing the circulation of the blood and in mitigating the strain placed on the different organs. Play furnishes also a kind of mental training which is very necessary in adult life. It takes the attention from a single affair, and it keeps all the sense-organs alert. Nor can we make too much of the social element in this matter. A good playground is the best means of counteracting the differentiation from each other which we undergo in the struggle for life. But have we really any time for games? Who can leave his business to spend an hour at sport every day of his life? We have seen this tested, in a small way, very successfully, by a communal bowling alley. Business men of all sorts and bankers did find it possible to get away from work and enjoy themselves in a very simple, free, and easy way. They threw off burdens, laughed and shouted and recreated. Golf has proven a useful game for many, and croquet and tennis have done a good deal of direct good. They do not quite fill the bill, however, as family games. What we want is a public recognition of the value of play, and opportunities for gathering together precisely as we would group our children.

The Torrens System.

Collier's weekly.

With the rapid growth of cities the examination of land titles increases in difficulty and importance. The average suburban lot buyer of small means, naturally requires some guarantee that he will be protected. At present in all but four of the States his reliance is upon the privately or privately owned title insurance companies. These institutions have prospered amazingly since the plan was conceived twenty years ago by some genius in Philadelphia. In four States, Massachusetts, Illinois, California and Minnesota, the Torrens system of land-title registration is in operation. Under that system the States guarantee the validity of all titles registered, and the cost of obtaining the States' guarantee is slight. Difficulty is now being experienced in getting through the New York Legislature the Prentice bill, establishing the Torrens system. Other legislatures have debated the plan and rejected it, which proves only that the title-guarantee companies, like the ordinary insurance companies, believe that the State which governs least governs best. Massachusetts finds the Torrens law, as yet optional in character, satisfactory; Illinois, California and Minnesota are applying it without causing a revolution. It is legislation, eminently wise, for the benefit of all.

Land and Money

I have a few Lafayette county farms left that I can sell you at reasonable prices. None any better, and all know it, and they sell. Some city residences and vacant lots located to suit purchasers. Will take pleasure in showing you anything I have for sale. Can see meat Gratz Bros. phone 223, E. B. Vaughn's phone 32 or home phone 111. W. V. CURTIS.

The Steamboat Memphis.

St. Louis Republic.

The new Missouri River packet line will commence operations next Saturday, when Captain T. B. Sims, of St. Louis, will take the city of Memphis on its first trip to Kansas City with a heavy cargo. The voyage will be made in day time, as will the succeeding trips, until the pilots have become thoroughly familiar with the condition of the Missouri river.

Captain Sims has purchased an immense warehouse just north of the Eads bridge on the East side, and he will be in a position to handle freight from the East to Kansas City without the bridge arbitrary.

Through an agreement with the Kansas City merchants the line will handle at least 500 tons of freight each week.

In the beginning only one trip a week will be made by the City of Memphis, but later, should the traffic increase, more boats will be put in service, so that there will be no congestion of freight at either end of the line.

Captain Sims will fit up the boat so that it will have all of the passenger accommodations of a hotel, and special effort will be made to have passengers make the trip to Kansas City and return by river.

"In my twenty-five years experience on the river, I never saw so much water in the Missouri as there is now," said Captain Sims last night. "There is six feet through the channel, plenty to spare."

"I do not know how to account for the deep water in the Missouri. I could readily see that there would be more water in the Mississippi below the Illinois, but I am at a loss to account for the depth of the Missouri." Captain Sims said his boat had nothing to do with an enterprise, fostered in Kansas City. He declared that he had no objection to the other company, but he wanted to be satisfied that he would have a sufficient amount of freight guaranteed him before he would risk the starting of the line.

After the pilots become thoroughly familiar with the river, the boats, it is planned, will travel between St. Louis and Kansas City night and day.

A Great Lobby of '83.

To the May American Magazine Ida M. Tarbell contributes a story of the great tariff fight of 1883.

I was a tariff struggle led in the Senate by John Sherman, fresh from a victorious term as Secretary of the Treasury and fired with a hope of being the next President of the United States; and in the House by "Pig Iron" Kelly. Around these men as supporters of opponents were grouped many old time tariff contestants: Morrill, Allison, Bayard, Cox, Kasson, Randall. To their help or discomfiture in the in the course of the contest came a group of important new men, men whose names are now big with political meaning: Nelson B. Aldrich, John G. Carlisle, William McKinley, Thomas B. Reed. Most significant of all the many features of the struggle was that it was not waged by the two houses of Congress alone. It was a struggle of three houses; two of them elected by the people to represent and harmonize the interests of the whole country; a third re-elected to represent themselves. Of this "third house" Miss Tarbell says:

The two committees had secretly gone to work before a "third house" was in session—a house of lobbyists came to Washington. The wool-growers, sent down what seoflers called the "wool trinity"—Columbus Delano, one time Secretary of the Interior under Grant, William Lawrence, afterward a Comptroller of the Treasury, and David Harpster—all wool-growers and all from Ohio.

"Mr. John L. Hayes took rooms in Washington and as agent of the woolen manufacturers began a campaign to get more for them than as commissioner he had consented to. The makers of chemicals and drugs and quinine particularly—instituted a siege. Agents of iron and steel, sugar, mineral water, wood pulp, of everything which had suffered a reduction, appeared in the corridors of the Capitol at Washington. No such a lobby has been seen here for years the correspondents began to write to their newspapers. These agents, at torneys, manufacturers, did not hesitate to say loudly that no bill should pass satisfactory to them."

WHAT THE KIDNEYS DO.

Their Unceasing Work Keeps us Strong and Healthy.

All the blood of the body passes through the kidneys once every three minutes. The kidneys filter the blood. They work night and day. When healthy they remove about 500 grains of impure matter daily, when unhealthy some part of this impure matter is left in the blood. This brings on many diseases and symptoms—pain in the back, headache, nervousness, hot, dry skin, rheumatism, gout, gravel, disorders of the eyesight and hearing, dizziness, irregular heart, debility, drowsiness, dropsy, etc. But if you keep the filters right you will have no trouble with your kidneys.

G. W. McNeely, living in the northern part of Slater, Mo., says: "Seven years ago while living in Kansas my back was so lame that I could hardly get around. I happened to pick up an old newspaper and the first thing I read was how Doan's Kidney Pills had cured a case of kidney trouble with symptoms exactly like mine. I used two boxes of Doan's Kidney Pills and was entirely cured. Last spring I got a cold that settled in my kidneys. My back commenced to pain me. Remembering Doan's Kidney Pills, I got a box and since using them the trouble has entirely disappeared."

For sale by all dealers. Price 50c. Foster-Milburn Co., Buffalo, New York, sole agents for the United States. Remember the name—Doan's—and take no other.

WANTED: Three salesmen for new country, township and railroad surveys of Missouri. The surveys are a splendid compilation of facts, figures and drawings, and of wonderful value. Countries and towns are fully indexed and populations of each are given; railroads plainly shown and distances between all stations also shown; congressional districts outlined, numbered and populations given. Other features too numerous to mention, splendid opportunity for energetic men.

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The purpose of the Gospel is to interpret the life of Christ.

—Rev. Dr. Cropsey.

All that is divinest and most Christ like can be wrought, must be wrought out in this world, as we hammer and saw, paint and sing.—Rev. J. C. Adams

We have a hope that time can not dim or eternity exhaust, and that all the experiences of this present time, of heaven or earth can not destroy.—Rev. A. G. Garrett.

The man who walks with God meditates upon his works. He is confronted at every turn by tokens of the divine favor and evidence of his creative power.—Rev. W. F. Wykoff.

We are surrounded with idolaters—men and women who have gods many and lords many. Their affections are centered on things of the earth, perishable and unsatisfying. Man's duty is the worship of the one true God.—Rev. George Adams.

Our religion is just good citizenship with strong, clean life. That is all there is in it. It is all there is in any religion.—Rev. Dr. Hall.

Christ is the summing up of human life. He is the climax of all development and progress. Beyond him we cannot see—no, beyond him we cannot think.—Rev. Dr. Clark.

God tries his children. He tried his Son, whose temptation was intended to be of great help to every believer in Christ. Those who have proven themselves to be children of God may wonder into forbidden paths, but they will return.—Rev. Dr. Holtzclaw.

Our capacity to toss doctrines from goal to goal as a football is tossed will not avail. The rising of the Christ in the dying self, the deeds of love and mercy, down even to the cup of cold water given—this will be the final judgment.—Rev. Dr. Clappett.

Sometimes men lose heart as they try to establish justice, but there comes great occasions, when out of trial, as by fire, the cause of right, justice and humanity rises to a higher place of influence. It is a good thing for both capital and labor that the whole country is a little chilly.—Rev. Dr. McClester.

Some things are better seen than heard. Truth, known only by name, oftentimes seems cold, and we are indifferent. But let her look in upon us through the window of the eye, and our hearts catch flame. Indeed, we are never moved by anything till we see it. That is why the Roman church sets up alters and crucifixes—she is making people see God.—Rev. Dr. Waters.

A NARROW ESCAPE.

G. W. Cloyd, a merchant, of Plunk, Mo., had a narrow escape four years ago, when he ran a jimson bar into his thumb. He says: "The doctor wanted to amputate it but I would not consent. I bought a box of Bucklen's Arnica Salve and that cured the dangerous wound." 25c at Crenshaw and Young Druggist.

Monorail a Wonder.

Special to the Republic.

London, May 11. Everybody is talking about the new monorail, which promises to become one of the world's seven wonders. The demonstration the other night before the Royal Society impressed the practical engineer as much as the pure scientist. Eminent engineering authorities already speak of the invention with decision as a "revolutionary achievement."

Modern people have been becoming rather blasé in the matter of scientific marvels, but a railway train that runs on a tight rope is, enough to create a sensation. The idea of a single wheel structure, which will be self-balancing by means of a gyroscopic force, has attracted many inventive minds.

Now, at last, the first practical success seems to have rewarded Louis Brennan. Though primarily designed for monorail purposes, the system seems likely to have great influence in the development of certain forms of road transport. There is even a possibility that the crucial problem of the aeronaut, how to keep an automatic balance, may be solved by a similar application of the gyroscopic.

The inventor is an Irishman, born at Castlebar fifty-five years ago. He received \$550,000 from the British government in 1887 for his steerable torpedo. If Brennan's hopes are realized, a new order of travel by land is within measurable distance.

He expects to drive cars as large as large as ships, and as comfortable as some vessels, along a single line, with perfect safety and smoothness, at a rate of 150 miles an hour. There is something quite uncanny about the way his model car, while running on a curved monorail, leans forward, and so automatically balances the effect of centrifugal force. But this model shown before the royal Society, is not the only length Mr. Brennan has got with his invention. He has a large carriage, capable of carrying passengers, running in his garden.

William Jewell Closing Exercises.

The closing exercises of William Jewell College for the year 1906-07 will begin on Sunday, June 2, and continue to the evening of Wednesday, June 5. These exercises will take place in the following order:

SUNDAY, JUNE 2.

11:00 a. m.—The baccalaureate sermon by the President of the College at the Second Baptist Church.

8:00 p. m.—The address before the Missouri Baptist Theological Educational Society at the Second Baptist Church, by Rev. Benjamin Otto, pastor of the First Baptist Church, Kansas City, Mo.

MONDAY, JUNE 3.

10:30 a. m.—The address before the Literary Societies, College Chapel.

3:00 p. m.—The annual meeting of the Missouri Baptist Mini-terial Society, at Second Baptist Church.

8:00 p. m.—Exhibition Philomatheic Society at Corbin Opera House. Admission by ticket.

TUESDAY, JUNE 4.

9:00 a. m.—Annual meeting of the Alumni Association, Second Baptist Church.

10:30 a. m.—Address before the Alumni Association by Dr. B. C. Hyde, Kansas City, Mo., at the same place.

1:00 p. m.—Alumni Banquet at Liberty Ladies' College. Admission by ticket.

3:30 p. m.—Class Exercises, College Campus.

8:00 p. m.—Exhibition Excelsior Society at Corbin Opera House. Admission by ticket.

WEDNESDAY, JUNE 5.

10:00 a. m.—Graduating Exercises, College Chapel.

3:30 to 6:30 p. m.—Reception, President's House.

Let me send you free, for Catarrh, just to prove merit, a Trial size Box of Dr. Shoop's Catarrh Remedy. It is a snow white creamy, healing antiseptic balm. Containing such healing ingredients as Oil Eucalyptus, Thymol, Menthol, etc., it gives instant and lasting relief to Catarrh of the nose and throat. Make the free test and see for yourself what this preparation can and will accomplish. Address Dr. Shoop, Racine, Wis. Large jars 50c. Sold at Dr. Silverstone's Drug Store.

Dr. E. S. Harris of Higginsville Mo., successfully treats rectum diseases by mild modern methods. Call and see or write to him.

The Home Cook Book.

The Home Cook Book, a collection of receipts prepared by the ladies of Lexington and published by the Mission Society of the Presbyterian church of this city is on sale at W. G. McCausland's store, Price 50 cents.

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